

Online Session – Let's Talk Teenagers ****STARTS TOMORROW NIGHT****

After the success of the first 'Let's Talk Teenagers' sessions piloted earlier this year, [a second series of the online sessions will be held in June](#). These webinars are an opportunity for parents and carers of teenagers to hear about the challenges young people are facing today whilst being offered tips, techniques and resources to explore for more help and support.

These evening, 90 minute sessions will be running on consecutive Wednesdays at 7.00pm on the 15th, 22nd and 29th June. Designed to empower parents and carers to support their teenagers through the challenges they are faced with daily, topics covered include:

Substance misuse, exploitation, healthy relationships, safety online, social risks

Book online www.eventbrite.co.uk/e/lets-talk-teenagers-june-2022-tickets-337133002887

Advice for Ukrainian refugees on Covid vaccination

- Refugees arriving from Ukraine are eligible to have the Covid vaccination and do not need to wait for an NHS number.
- If you have had no vaccinations:
 - You can attend any walk-in vaccination clinic. You do not need to bring ID.
- If you have had one or more doses of a vaccine approved for use in the UK would be eligible for another dose (2nd dose, booster, spring booster) under UK guidelines:
 - You can attend any walk-in vaccination clinic. If you have any documentation for your previous vaccine dose(s) please bring it with you. If you have no documentation and, if you remember them, make a note of the rough dates when you had your previous dose(s) and vaccine type.
- If you have had one or more doses of a vaccine not currently approved in the UK:
 - You can attend any vaccination centre where staff can advise you or refer to [national guidance](#) on further doses. If you have any documentation for your previous vaccine dose(s) please bring it with you. If you have no documentation, if you remember them, make a note of the rough dates when you had your previous dose(s) and vaccine type.
- You will get an NHS number after you register with a GP. If you already have an NHS number we can link the vaccination to your records to help you to prove your vaccine status. If you do not yet have an NHS number we can link the vaccination to your records at a later date.
- You can also attend a vaccine clinic to request vaccinations you have had outside England to be [added to your NHS vaccination record](#).

Lower-income households invited to apply for free energy efficiency improvements to their homes

Residents in a household with an income of less than £30,000 a year, who live in Devon or Torbay, may be eligible for free energy efficiency improvements to their home worth thousands of pounds.

From this week members of the public can check their eligibility and apply through the Cosy Devon website (www.cosydevon.com).

The scheme is being delivered by the Cosy Devon partnership which consists of Devon County Council (DCC), East Devon, Mid Devon, North Devon, South Hams, Teignbridge and Torridge District Councils, Torbay Council, West Devon Borough Council, Exeter City Council and Plymouth City Council.

It follows the partnership securing nearly £10m of government funding. The scheme will offer householders the chance to improve their homes by ensuring that they are warmer, less draughty, and less damp.

Improvements will also reduce their energy bills and lower their home's carbon emissions. More than 20 per cent per cent of Devon's carbon emissions are caused by our homes.

Devon has higher levels of fuel poverty (13%) than the UK (10.6%). Many homes in Devon need substantial investment and the Cosy Devon partnership is committed to reducing Devon's domestic carbon footprint and lifting communities out of fuel poverty.

The scheme is available to Devon residents who have an annual combined household income of less than £30,000 and whose homes have an energy Performance Certificate rating of E, F or G.

If you are a homeowner, and live in that property, you can access funding to cover 100 per cent of costs to retrofit your home up to a cap.