

Covid-19 Support Services

Covid 19 related Helpline for South Hams **01803 861297**

Local Action Support Fund <https://southhams.gov.uk/LASFund>

Post Office support for getting access to cash

<https://www.bbc.co.uk/news/business-52229698>

Info on grants and funding for individuals, groups and businesses.

<https://www.devon.gov.uk/document/grant-and-funding-support/>

The Silver Line - FREE confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day

0800 470 8090

<https://www.thesilverline.org.uk>

The Mix. Online support Webchat for 10-18 year olds, online counselling for up to 28. Group chat, general chat, helpline, email and text support and webchat

0808 808 4994

www.themix.org.uk

Victim Care Unit on 01392 475900

<https://www.victimcaredevonandcornwall.org.uk/Help-and-Support/>

This link is more local support and covers a wide range of topics which is useful.

National Domestic Abuse free phone helpline 24 hours is

0808 2000 247

<https://www.nationaldahelpline.org.uk/>